



COVID-19

Risk Assessment for players, coaches and spectators

Version 1.3: 24 April 2021

Completed by:

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www.mufcraiders.co.uk

This COVID-19 Risk Assessment has been produced by the COVID Officer to support Maidstone United FC Raiders to return to training using the following guidance:

HM Government

- Coronavirus (COVID-19) guidance (accessed 24 April 2021)
- The roadmap out of lockdown in England (accessed 24 April 2021)
- Coronavirus (COVID-19): grassroots sports guidance for the public and sport providers (accessed 24 April 2021)
- Coronavirus (COVID-19): grassroots sports guidance for safe provision including team sport, contact combat sport and organised sport events (accessed 24 April 2021)
- Working safely during coronavirus (COVID-19): Providers of grassroots sport and sport facilities (accessed 24 April 2021)

Visit www.gov.uk/coronavirus.

NHS

- NHS information and advice about coronavirus (COVID-19) (accessed 24 April 2021)

Visit www.nhs.uk/coronavirus

The Football Association

- Football activity guidance - master guidance re-starting outdoor football - 8 April (accessed 24 April 2021)
- Football activity guidance for providers for football activities - 8 April (accessed 24 April 2021)
- COVID-19 safeguarding risk assessment guidance and template - 8 April (accessed 24 April 2021)
- First Aid guidance for return to competitive grassroots football - 8 April (accessed 24 April 2021)
- Ratios of Adults to Children guidance (July 2020)

Visit www.thefa.com/covid-19

Club details

Club lead	Lorraine Humm, Manager of Disabled Football	Contact details	07880 907188 lozmaidstoneutd@btinternet.com
COVID officer	Michael Watts, U11 and U13 Coach	Contact details	iammichaelwatts@gmail.com
Welfare officers	Lorraine Humm Clare Taylor	Contact details	07880 907188 or lozmaidstoneutd@btinternet.com ntct1972@gmail.com
COVID information	www.mufcraiders.co.uk		

Event details

Purpose of event	Training sessions for the Maidstone United FC Raiders teams - including both the junior and adult sections
Event location	St Augustine Academy school field, Oakwood Road, Maidstone ME16 8AE
Event dates	Training sessions will restart on Saturday 1 May 2021 and will be held on subsequent Saturday's

Extra considerations

- The Raiders comprises both children (aged from 5 upwards) and adults who have a disability (both mental and physical disability) and those with a mental health disorder.
- Many players have underlying health needs which means that we need to have additional precautions in place.
- Many players have learning disabilities or difficulties which means that they may struggle to maintain social distancing.
- It is important to note that information and instructions must be provided in a suitable format for those who need to understand it.
- Regular and consistent reminders will be required from the club coaches before, during and after the training sessions.

NHS Test and Trace

Name and contact information for all attendees will be collected prior to or on arrival at training. This information will be stored for a minimum of 21 days in-line with the Government Recreational Team Sport Framework and collected/processed in accordance with the Data Protection Act 2018 and in line with GDPR principles in line with the Maidstone United privacy policy (www.maidstoneunited.co.uk/privacy).

The Raiders have a registered coronavirus NHS QR code for training. This will be available for all players, coaches and spectators to scan using the NHS Track and Trace App on arrival at each training session.

Pre-screening

Each child or adult joining in the session, including those who are accompanying them, should self-screen prior to arrival at training to ensure they do not have any of the following symptoms (confirmed by a parent for those under age 18), as these are potential indicators of COVID-19 infection:

- A high temperature (above 37.8°C)
- A new continuous cough.
- Shortness of breath.
- A sore throat.
- Loss of or change in normal sense of taste or smell.
- Feeling generally unwell.
- Been in close contact with/living with a suspected or confirmed case of COVID-19 in the previous two weeks.

If you have been asked to self-isolate, you must not attend training.

General rules

1. Each player and coach (and parent for all under 18s) must confirm their agreement to the COVID-19 Agreements - www.mufcraiders.co.uk/agreements
2. Each player and coach (and parent for all under 18s) must read the COVID-19 Guides - www.mufcraiders.co.uk/guides
3. Each player, coach and spectator must confirm their attendance before the training session by booking their place on the online booking system - www.mufcraiders.co.uk/bookings
4. Each adult player (and coach where necessary) can be accompanied by one (1) spectator (unless there is a confirmed safeguarding arrangement for more adults to be present)
5. Each junior player (aged under 18) must be accompanied by one (1) spectator (unless there is a confirmed safeguarding arrangement for more adults to be present)
6. All spectators must stay 2 metres away from other spectators who are not from their household
7. Each player, coach and spectator must complete the pre-screening check before arrival - www.mufcraiders.co.uk/prescreening
8. Each player, coach and spectator must register on arrival with the manager
9. Each player and spectator must arrive during their time slot - www.mufcraiders.co.uk/training-times
10. Each player, coach and spectator must sanitise their hands on arrival and before leaving training

Before training

Who might be harmed and how?	What controls will be put in place?	What actions needed to be taken and by whom?		
		Players	Coaches	Spectators
Players Coaches Spectators	<ul style="list-style-type: none"> Club manager and coaches to regularly check, review and act on information supplied by the Government. All participants and other attendees should follow best practice for travel, including minimising use of public transport. People from a household or support bubble can travel together in a vehicle. Clear controls will be put in place before, during and after training. 	<ul style="list-style-type: none"> Players must follow the 'general rules'. Players must complete the pre-screening check before arrival. Players must arrive in their training clothing. Players must register on arrival with the manager. Players must bring their own hand sanitiser, clearly marked with their name, and this must not be shared with anyone else. Players must sanitise their hands on arrival at training. Players must bring their own water bottle, clearly marked with their name, and this must not be shared with anyone else. Players should pay their fees in a cashless manner. 	<ul style="list-style-type: none"> Coaches must complete a PCR home test on the morning of the training session. Coaches must follow the 'general rules'. Coaches must complete the pre-screening check before arrival. Coaches must arrive in their training clothing. Coaches must register on arrival with the manager. Coaches must bring their own hand sanitiser, clearly marked with their name, and this must not be shared with anyone else. Coaches must sanitise their hands on arrival at training. Coaches will sanitise equipment before training begins. Coaches must bring their own water bottle, clearly marked with their name, and this must not be shared with anyone else. Coaches must not travel with anyone that is not part of their household. 	<ul style="list-style-type: none"> Spectators must follow the 'general rules'. Spectators must complete the pre-screening check before arrival. Spectators must register on arrival with the manager. Spectators must sanitise their hands on arrival and before leaving training. Spectators must bring their own hand sanitiser.

During training

Who might be harmed and how?	What controls will be put in place?	What actions needed to be taken and by whom?		
		Players	Coaches	Spectators
Players Coaches Spectators	<ul style="list-style-type: none"> • Training will be held in an outdoor setting. • Groups will have a maximum of 30 individuals, including coaches. • Start times will be staggered due to the single point of entry and will allow cleaning time between change-overs. • The appropriate ratio of coaches to players will be maintained. • Social distancing will be maintained before and after the session in line with Government guidelines on two metres or 'one metre plus'. 	<ul style="list-style-type: none"> • Players and coaches can hold team talks, as long as social distancing is observed. • Players must not share equipment, including goalkeeping gloves and bibs. • Players must observe social distancing whilst completing their warm-ups and cool-downs. • Players must not share water bottles or other refreshment containers. • Players should also observe social distancing during sin-bin instances. • Players should avoid shouting or raising their voices when facing each other during, before and after games. • Players should refrain from spitting. If you need to sneeze or cough, you are encouraged to do so into a tissue or upper sleeve and advised to avoid touching your face. Ensure any tissues are disposed of safely. • Players will need to keep any close contact with other players to a minimum. 	<ul style="list-style-type: none"> • Coaches will wipe down goalposts, corner flags and other equipment before and after training, and at regular points throughout the session. • Coaches will encourage players to not celebrate goals. • Coaches should spread out and observe social distancing. • Coaches must not share water bottles or other refreshment containers. • Coaches will avoid sharing equipment, where possible. Where equipment is shared, equipment must be cleaned before use by another person. • Coaches will make sure that when the ball goes out of play, it is only retrieved by a playing participant and should be retrieved using the feet rather than the hands where possible. • Coaches will follow the Football Association's First Aid Guidance (8 April 2021) when administering first aid to treat injuries. 	<ul style="list-style-type: none"> • Spectators must stay 2 metres away from other spectators who are not from their household. • Spectators must not enter the field of play. • Spectators must follow the instructions from the coaches. • Spectators must not touch any equipment, including the footballs.

After training

Who might be harmed and how?	What controls will be put in place?	What actions needed to be taken and by whom?		
		Players	Coaches	Spectators
Players Coaches Spectators	<ul style="list-style-type: none"> All participants and other attendees should follow best practice for travel, including minimising use of public transport. 	<ul style="list-style-type: none"> Players must sanitise their hands at the end of the session. Players must sanitise their personal equipment. Players must maintain social distancing guidelines when leaving the training venue. Players should wash their hands using soap and water at the earliest opportunity. 	<ul style="list-style-type: none"> Coaches must sanitise their hands at the end of training. Coaches must clean equipment at the end of the training session. Coaches should keep a record of the regular cleaning of club or team equipment that players use. Coaches must not travel with anyone that is not part of their household. Coaches must wash all bibs after being used. Coaches should wash their hands using soap and water at the earliest opportunity. 	<ul style="list-style-type: none"> Spectators must maintain social distancing guidelines when leaving the training venue. Spectators should wash their hands using soap and water at the earliest opportunity.