



COVID-19

Risk Assessment for players, coaches and spectators

Version 1.2: 6 December 2020

Completed by:

Michael Watts, COVID Officer

www.mufcraiders.co.uk

This COVID-19 Risk Assessment has been produced by the COVID Officer to support Maidstone United FC Raiders to return to training using the following guidance:

HM Government

- Coronavirus (COVID-19) guidance (accessed 6 December 2020)
- Local restriction tiers: what you need to know (accessed 6 December 2020)
- Grassroots sports guidance for the public and sport providers (2 December 2020)
- Working safely during coronavirus (COVID-19): Providers of grassroots sport and sport facilities (4 December 2020)

Visit www.gov.uk/coronavirus.

NHS

- NHS information and advice about coronavirus (COVID-19) (accessed 6 December 2020)

Visit www.nhs.uk/coronavirus

The Football Association

- Football activity guidance for restarting outdoor football (1 December 2020)
- Football activity guidance for providers for football activities (1 December 2020)
- COVID-19 safeguarding risk assessment guidance and template (1 December 2020)
- Football activity guidance for parents and carers (1 December 2020)
- First Aid guidance for returning to competitive grassroots football (1 December 2020)
- Ratios of Adults to Children guidance (July 2020)

Visit www.thefa.com/covid-19

Club details

Club lead	Lorraine Humm, Manager of Disabled Football	Contact details	07880 907188 lozmaidstoneutd@btinternet.com
COVID officer	Michael Watts, U11 and U13 Coach	Contact details	iammichaelwatts@gmail.com
Welfare officers	Lorraine Humm Clare Taylor	Contact details	07880 907188 or lozmaidstoneutd@btinternet.com ntct1972@gmail.com
COVID information	www.mufcraiders.co.uk		

Event details

Purpose of event	Training sessions for the Maidstone United FC Raiders teams - including both the junior and adult sections
Event location	St Augustine Academy school field, Oakwood Road, Maidstone ME16 8AE
Event dates	Training sessions will restart on Saturday 12 December 2020 and will be held on subsequent Saturday's

Extra considerations

- The Raiders comprises both children (aged from 5 upwards) and adults who have a disability (both mental and physical disability) and those with a mental health disorder.
- Many players have underlying health needs which means that we need to have additional precautions in place.
- Many players have learning disabilities or difficulties which means that they may struggle to maintain social distancing.
- It is important to note that information and instructions must be provided in a suitable format for those who need to understand it.
- Regular and consistent reminders will be required from the club coaches before, during and after the training sessions.

NHS Test and Trace

Name and contact information for all attendees will be collected prior to or on arrival at training. This information will be stored for a minimum of 21 days in-line with the Government Recreational Team Sport Framework and collected/processed in accordance with the Data Protection Act 2018 and in line with GDPR principles in line with the Maidstone United privacy policy (www.maidstoneunited.co.uk/privacy).

The Raiders have a registered coronavirus NHS QR code for training. This will be available for all players, coaches and spectators to scan using the NHS Track and Trace App on arrival at each training session.

Local restriction tiers

From 2 December 2020, the Government has implemented the local restriction tier system. There are 3 tiers for local restrictions:

- Tier 1: Medium alert
- Tier 2: High alert
- Tier 3: Very High alert

The rules put in place by the COVID risk assessment will alter depending on the tier that Kent is in.

On 2 December, Kent was placed in Tier 3: Very High Alert.

This means that we have the tightest restrictions in place. The COVID Officer will alter this risk assessment when the Government changes the tier.

Pre-screening

Each child or adult joining in the session, including those who are accompanying them, should self-screen prior to arrival at training to ensure they do not have any of the following symptoms (confirmed by a parent for those under age 18), as these are potential indicators of COVID-19 infection:

- A high temperature (above 37.8°C)
- A new continuous cough.
- Shortness of breath.
- A sore throat.
- Loss of or change in normal sense of taste or smell.
- Feeling generally unwell.
- Been in close contact with/living with a suspected or confirmed case of COVID-19 in the previous two weeks.

If you have been asked to self-isolate, you must not attend training.

General rules

1. Each player and coach (and parent for all under 18s) must confirm their agreement to the COVID-19 Agreements - www.mufcraiders.co.uk/agreements
2. Each player and coach (and parent for all under 18s) must read the COVID-19 Guides - www.mufcraiders.co.uk/guides
3. Each player, coach and spectator must confirm their attendance before the training session by booking their place on the online booking system - www.mufcraiders.co.uk/bookings
4. Each adult player (and coach where necessary) can be accompanied by one (1) spectator (unless there is a confirmed safeguarding arrangement for more adults to be present)
5. Each junior player (aged under 18) must be accompanied by one (1) spectator (unless there is a confirmed safeguarding arrangement for more adults to be present)
6. All spectators must stay 2 metres away from other spectators who are not from their household
7. Each player, coach and spectator must complete the pre-screening check before arrival
8. Each player, coach and spectator must register on arrival with the manager
9. Each player and spectator must arrive during their time slot - www.mufcraiders.co.uk/training-times
10. Each player, coach and spectator must sanitise their hands on arrival and before leaving training
11. Each coach and spectator must wear a face covering at all times during training*
12. Each player must wear a face covering when arriving and leaving the training venue*
13. While Kent is in Tier 3, no matches will be held during training - activities will only include individual or small group exercises.

* in line with Government exemptions

Before training

Who might be harmed and how?	What controls will be put in place?	What actions needed to be taken and by whom?		
		Players	Coaches	Spectators
Players Coaches Spectators	<ul style="list-style-type: none"> • Club manager and coaches to regularly check, review and act on information supplied by the Government. • All participants and other attendees should follow best practice for travel, including minimising use of public transport. • Participants should walk or cycle if possible. • People from a household or support bubble can travel together in a vehicle. • Clear controls will be put in place before, during and after training. 	<ul style="list-style-type: none"> • Players must wear a face covering on arrival. • Players must follow the 'general rules'. • Players must complete the pre-screening check before arrival. • Players must arrive in their training clothing. • Players must register on arrival with the manager. • Players must sanitise their hands on arrival at training. • Players must bring their own water bottle, clearly marked with their name, and this must not be shared with anyone else. • Players must bring their own hand sanitiser, clearly marked with their name, and this must not be shared with anyone else. • Players should pay their fees in a cashless manner. 	<ul style="list-style-type: none"> • Coaches must follow the 'general rules'. • Coaches must complete the pre-screening check before arrival. • Coaches must arrive in their training clothing. • Coaches must register on arrival with the manager. • Coaches must sanitise their hands on arrival at training. • Coaches will sanitise equipment before training begins. • Coaches must bring their own water bottle, clearly marked with their name, and this must not be shared with anyone else. • Coaches must bring their own hand sanitiser, clearly marked with their name, and this must not be shared with anyone else. • Coaches must not travel with anyone that is not part of their household. • Coaches must wear a face covering. 	<ul style="list-style-type: none"> • Spectators must follow the 'general rules'. • Spectators must complete the pre-screening check before arrival. • Spectators must register on arrival with the manager. • Spectators must sanitise their hands on arrival and before leaving training. • Spectators must bring their own hand sanitiser. • Spectators must wear a face covering.

During training

Who might be harmed and how?	What controls will be put in place?	What actions needed to be taken and by whom?		
		Players	Coaches	Spectators
Players Coaches Spectators	<ul style="list-style-type: none"> • Training will be held in an outdoor setting. • Groups will have a maximum of 30 individuals, including coaches. • Start times will be staggered due to the single point of entry and will allow cleaning time between change-overs. • The appropriate ratio of coaches to players will be maintained. • Social distancing will be maintained before and after the session in line with Government guidelines on two metres or 'one metre plus'. • While Kent is in Tier 3, no matches will be held during training. Activities will only include individual or small group exercises. 	<ul style="list-style-type: none"> • Players and coaches can hold team talks, as long as social distancing is observed. • Players must not share equipment, including goalkeeping gloves and bibs. • Players must observe social distancing whilst completing their warm-ups and cool-downs. • Players must not share water bottles or other refreshment containers. • Players should also observe social distancing during sin-bin instances. • Players should avoid shouting or raising their voices when facing each other during, before and after games. • Players should refrain from spitting. If you need to sneeze or cough, you are encouraged to do so into a tissue or upper sleeve and advised to avoid touching your face. Ensure any tissues are disposed of safely. • Players will need to keep any close contact with other players to a minimum. 	<ul style="list-style-type: none"> • Coaches must wear a face covering. • Coaches will wipe down goalposts, corner flags and other equipment before and after training. • Coaches will encourage players to not celebrate goals. • Coaches should spread out and observe social distancing. • Coaches must not share water bottles or other refreshment containers. • Coaches will avoid sharing equipment, where possible. Where equipment is shared, equipment must be cleaned before use by another person. • Coaches will make sure that when the ball goes out of play, it is only retrieved by a playing participant and should be retrieved using the feet rather than the hands where possible. • Coaches will follow the Football Association's First Aid Guidance (1 December 2020) when administering first aid to treat injuries. 	<ul style="list-style-type: none"> • Spectators must wear a face covering. • Spectators must stay 2 metres away from other spectators who are not from their household. • Spectators must not enter the field of play. • Spectators must follow the instructions from the coaches. • Spectators must not touch any equipment, including the footballs.

After training

Who might be harmed and how?	What controls will be put in place?	What actions needed to be taken and by whom?		
		Players	Coaches	Spectators
Players Coaches Spectators	<ul style="list-style-type: none"> All participants and other attendees should follow best practice for travel, including minimising use of public transport. Participants should walk or cycle if possible. 	<ul style="list-style-type: none"> Players must wear a face covering on leaving the venue. Players must sanitise their hands at the end of the session. Players must sanitise their personal equipment. Players must maintain social distancing guidelines when leaving the training venue. Players should wash their hands using soap and water at the earliest opportunity. 	<ul style="list-style-type: none"> Coaches must wear a face covering on leaving the venue. Coaches must sanitise their hands at the end of training. Coaches must clean equipment at the end of the training session. Coaches should keep a record of the regular cleaning of club or team equipment that players use. Coaches must not travel with anyone that is not part of their household. Coaches must wash all bibs after being used. Coaches should wash their hands using soap and water at the earliest opportunity. 	<ul style="list-style-type: none"> Spectators must wear a face covering on leaving the venue. Spectators must maintain social distancing guidelines when leaving the training venue. Spectators should wash their hands using soap and water at the earliest opportunity.